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To :

Peter Edwards
Vitality Living Academy
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Date
05 July 2023

Dear Peter,

It is with great pleasure that I am writing this reference for you. Your experience, skills, knowledge and mentorship have undoubtedly changed my life and inspired me to become a Nutrition and Natural Health Consultant and Coach.

The methods and knowledge you imparted upon me during my time studying with you at your Vitality Living Academy, have enabled me to confidently build my wellness business, Radiate Wellness. I am proud to say that the philosophy, "*that when given the right conditions, the body has the ability to self-adjust, self-regulate and self-heal, where possible*", that you reinforced upon me, continues to be the foundation of my approach to vibrant health and wellness.

Through your tutelage, not only have I learned the importance of gut health and finding the root cause of dis-ease, but also the skills and knowledge to support my clients in restoring their health from a cellular level, and educating them to make sustainable, long lasting changes.

I am grateful to have had the opportunity to learn directly from you, and highly recommend any student considering entering the natural wellness space, enrolling in your courses.

Wishing You Radiant Health & Happiness,

Kerrin Brown

Kerrin Brown
Business Owner